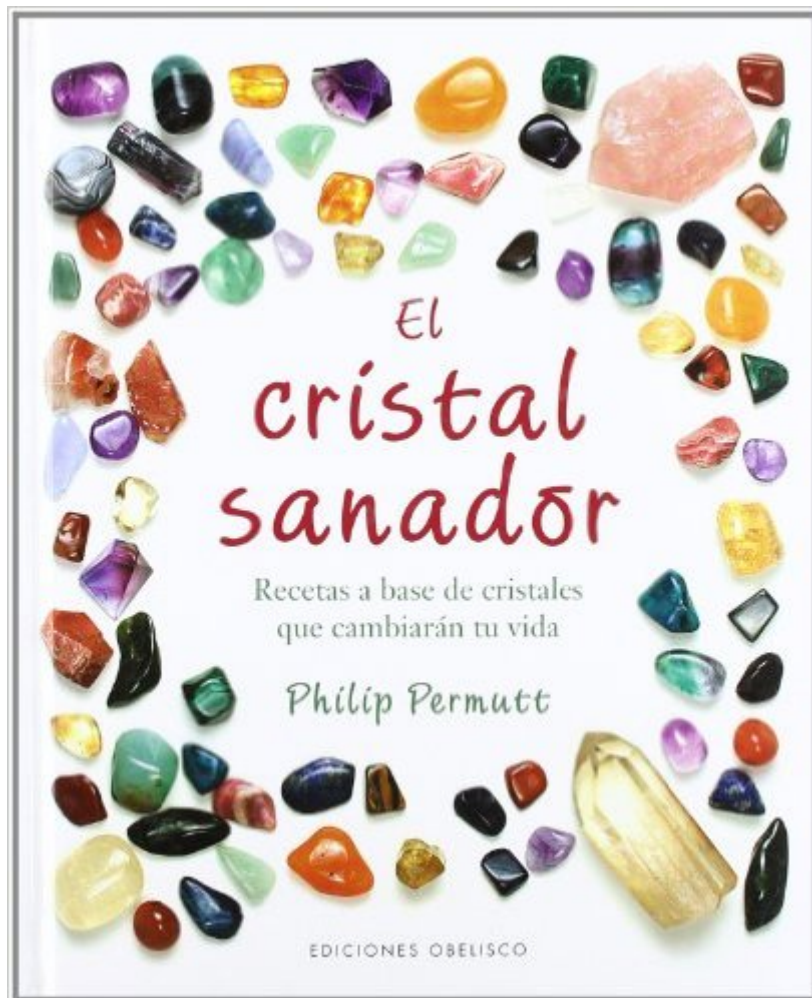


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# El Cristal Sanador (Spanish Edition)



## Synopsis

La cristaloterapia es un metodo sutil de sanacion holistica que lleva muchos años practicandose. Las excepcionales virtudes de cristales como el cuarzo y la amatista ayudan a equilibrar los campos energeticos que rodean nuestro cuerpo, nuestro hogar y nuestro trabajo, lo que aporta un gran bienestar. Con los cristales se pueden aliviar tanto los problemas emocionales como los trastornos fisicos, migrañas, alergias, etc... El libro incluye una practica guia con los remedios para mas de 250 dolencias y un listado de 250 cristales ordenados por colores que ayuda a identificar las piedras adecuadas para cada persona y sus virtudes sanadoras. / Crystal therapy has long been used as a gentle system of holistic healing. By drawing on the unique qualities of crystals such as quartz and amethyst, you can balance the energy fields around your body, home and office to bring well-being, and gain health benefits. Crystals can help soothe emotional problems such as anxiety, mood swings, or shyness, as well as physical symptoms such as migraines and allergies. With crystal remedies for more than 250 common ailments and a directory of 250 crystals, as well as detailed explanations of the most effective healing methods, this book is the ultimate guide to healing with crystals.

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